



In it together.

Annual Report 2020-2021



Nova House is an emergency and transitional shelter for women* and children experiencing domestic and/or family violence. Offering 24-hour, 7-day a week intake and accommodation to help support and empower women to live free from abuse. We strive to promote expression of feeling, build self-esteem and confidence, encourage and teach empowerment by providing individual counselling, educational and support groups as well as workshops.

**Although our website and literature speaks to and focuses on "women and children," Nova House strives to include individuals of all genders. For those seeking support and shelter who do not identify as women, we offer off-site accommodations and full support.*

Our Mission

To provide women and children in the Interlake and North Eastman region with facilities, programs and a continuum of service to protect and empower them against all forms of domestic violence. To create an awareness through public education of the abuse of women in our society.

Goals & Objectives

1. To promote awareness that violence does exist in families, and that abuse (physical, emotional, psychological, sexual and financial) is a crime.
2. To develop and provide a full range of support services in the hope of intervening in the cycle of violence within the family.
3. To provide help and support through community resources to family members involved in domestic/family violence.
4. To implement voluntary programs and services, free of charge, designed to meet the needs of people regardless of age, race, faith, socio-economic status, physical or mental capabilities, or sexual orientation.

24-HOUR TOLL FREE CRISIS LINE
1-877-977-0007

LOCAL CRISIS LINE
204-482-1200

TEXTING LINE
204-805-NOVA (6682)

novahouse.ca



@novahousemb

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Board of Directors

Board Executive

Deb Jenkins, Board Chair

Joanna Tyrna, Treasurer

Vanessa Luloff, Secretary

Board Members

Doug Simister

Carolyn De Coster

Ingrid Pflug

Retha Simpkin

Non-Voting Member

Donna Simister

Staffing Team

Management

Viktoria Westgate, Executive Director

Lisa Karol, Staff Supervisor

Jill Augustine, Finance (F.H. Black)

Tammie Bedard, Twice Over Manager

Counselling / Life Skills Team

Jasmine McGrath

Jessica Beaulieu

Heather McDiarmid

Lana Young

Lyndsay Dutka

Melanie Thomas

Residential Support Workers

Sandy Begg

Shae-Lynn Taylor

Shaylynne Karol

Morgan Van Caeyzeele

Robin Jackson

Social Work Practicum Students

Danielle Van Grompel

Jola Hnatiuk



A Message from the Executive Director and Board Chair

If there was ever a year for staffing teams to come together this was the year. Testing all of us, the world worked together to fight through the biggest healthcare crisis we have ever seen. From the onset of the pandemic, the tremendous resilience of our staff was clear; they adjusted to the constant changes, came up with great solutions, worked harder than ever, and pulled together like never before.

Through the uncertainty around every corner, especially in those early days, our focus for the shelter never changed; the safety and well-being of our staff, and the individuals and families that needed our services is vital. Within days the shelter made changes and adjusted spaces and programming so that our doors could stay open. We adapted our policies and procedures along with the rest of the world, and as we learned more we adapted more. We implemented comprehensive hygiene standards and preventative measures beyond what we already had in place. Through the generous support of funders and community member donations we were able to purchase extra stock of hand sanitizer, face masks, face shields, thermometers, portable sanitizing spray units, and wall mounted hand sanitizing dispensers without compromising our budget. It was also with these funds that we were able to create safe, socially distanced spaces within and outside the shelter. We have also been able to purchase smart boards and tablets to allow for all families using our services the ability to access outside resources during lock down and isolation periods.

One of the biggest challenges we faced was how to navigate the isolations and restrictions that were put on the individuals and families in our shelter. Already leaving their home to escape abuse, we knew that it would be extra tough to isolate and bear the restrictions our shelter would have to put in place. When families enter the shelter, they have a room. Not a house or an apartment. A room. Funding allowed us to install televisions in all of the rooms with access to Netflix and Disney. We brought in various crafting projects to help pass the time, and we modified our programming so that we could still educate and help families move back into the community with new knowledge for living a life free from abuse. Staff never gave up trying to make the most difficult of times as bearable as possible.

In looking at the continued restrictions and our inability to let individuals and families leave the shelter, we secured funding to completely renovate our backyard. At the start of COVID this space created some safety concerns. Our backyard also had no real play area or comfortable spaces to sit and relax outside. A complete overhaul gave us an amazing, tranquil yet playful backyard space that individuals and families could enjoy.

We would like to applaud our remarkable Board of Directors who stuck through this year right along with us. They were quick to acknowledge the extraordinary work of the staff and supported, without hesitation, a COVID premium for every hour worked. Unable to meet in person due to the restrictions, the board adapted and joined meetings through Zoom, and helped when they could wherever needed. It wasn't always easy, and although some staff moved on, many new staff joined our team with excitement and passion for the work that we do. Our team is stronger than ever and ready to take on anything that comes our way.

Viktoria Westgate and Deb Jenkins

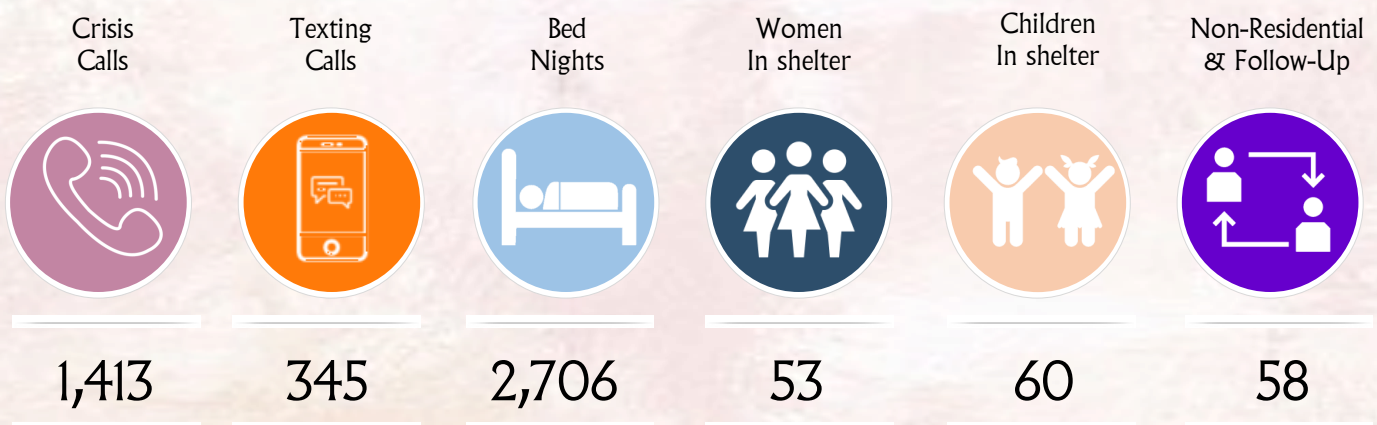
OUR SERVICES

OUR CRISIS SUPPORT offers immediate support to anyone who is struggling with the issues around domestic and/or family violence. Our crisis support line is available 24/7/365 and offers free confidential support to anyone experiencing domestic and/or family violence, looking for information / resources, or questioning unhealthy aspects of their relationship. Our toll free number is shared provincially and connects callers to the domestic violence shelter closest to them. This year we added a crisis texting line to give anyone that has limited or no access to phone services, the ability to reach out through text messaging.

OUR RESIDENTIAL PROGRAM offers safe and secure short-term accommodation for abused persons and their children who want to leave an abusive environment. We offer full and comprehensive trauma-informed programming that includes daily counselling, support groups, educational workshops that focus on breaking the cycle of abuse and developing healthy relationships and life skills. This year we also used our smart boards and tablets to bring in outside supports and guest speakers. We strive to meet individuals where they are at and work with them at a pace that is comfortable for them. Ensuring that we have a solid safety plan in place we provide assistance in accessing community resources and offer activities that promote empowerment, self confidence and self-esteem. We incorporate parenting and children's programming to support individuals with children through the common stressors they face when transitioning into a life free from abuse.

OUR PARENT AND CHILD GROUPS are geared to the needs of each parent and child in the session. This includes helping parents understand and determine developmental stages, respectful and appropriate discipline, nutrition, physical activity needs, emotions, and how and when to reach out for help along the way. Helping to rebuild the parent-child relationship gives parents more confidence and strength in their decisions to move forward and start a new and healthy life free from abuse for them and their child(ren).

OUR CHILDREN AND YOUTH GROUPS recognize that children and youth who have witnessed violence in the home often have feelings of sadness, anger, confusion, and guilt. The purpose of the children and youth programs is to listen and provide support and to help them understand their feelings. We do this by offering a safe and supportive environment for children and youth to play and be heard. We offer age-appropriate groups and fun activities that allow children and youth to express themselves in a healthy way. Our programs include nursery rhymes, counting, learning ABC's and the basics of reading, and always incorporates healthy and creative play. We include hands on/tactile activities, crafts, and outdoor exploration. Our children and youth programs allow for parents to participate and learn along-side their child(ren).



Relearning Independence and Supporting Empowerment

OUR RISE PROGRAM is set up to support women and their child(ren) who need some transitional support after their initial crisis and before they are ready for permanent housing. Providing a service-intensive, safe and supportive environment this program allows families to work through their trauma and address the issues that led them to us. Our counselling and life skills team help families begin to rebuild their lives, and introduce them to a world free from abuse. In addition to daily support this program provides on-going trauma-informed, holistic counselling and educational therapy, mindfulness-based workshops, spiritual, and Indigenous teachings, life skills, accompaniment to meetings, advocacy, and enhances community connections that promote permanent housing stability.

OUR INTERIM PROGRAM offers an off site apartment for families to live in while being fully supported by our Outreach Program. This space is in partnership with **Manitoba Housing** and allows a safe haven when permanent housing is not yet available and our residential program has been completed.

OUR IMPACT

“When I first left my abusive relationship I came to Nova House. I had nothing but the clothes I was wearing. Over time the programs and counselling helped me learn to cope in a healthier way instead of resorting to substances. I was able to find employment and do my programs while starting applications to attend college classes. The support from Nova House has helped me grow in ways I thought I never could. Now, I’m happy and continue to learn who I am as an individual”. -RISE Program participant

Nova House has changed mine and my son’s life. I have learned so much about myself, about my son, and what I truly want to accomplish in my life. I don’t feel alone anymore, and I am so much stronger and resilient. I don’t know where I would be right now if it weren’t for this place. I feel safe, I have a place to call home, and I am truly happy. I may not know what the future holds, but for now, I am where I am supposed to be. Thank you Nova House for saving me”. -Anonymous

The best day of my life was in Nova house as I’ve never felt safe in my whole life, since I was a kid. Nova House gave me safety, and taught me so much. Now I’m ready to face tomorrow equipped with tools and knowledge that I need for my future. I know that staff are still there for me and from the bottom of my heart I am thankful to them every single day. Today, I am so blessed to be in Vancouver. A fresh start, a new place, new friends and a new life. I have a great job now, and continue to be supported through my training. -Cristina

COMMUNITY OUTREACH

The primary goal for our Outreach Program is to reach individuals who are struggling with domestic and/or family violence. We also provide support to those still living with their abuser, who may not need our shelter, but need some education and safety planning. We especially want to reach out to those who have left an abusive relationship and need counselling, support, and advocacy services. For those who are in need of shelter, our Outreach Counsellor will help individuals plan for the process of leaving the abusive relationship and get safely to the shelter. For those leaving our shelter, we continue to offer post-shelter follow-up services to enhance the successful transition to a violence-free lifestyle.

The community need for Nova House to offer outreach grows each year. Our catchment area is vast, with communities that spread across the Interlake and North Eastman Regions of Manitoba. Many of the communities we serve are remote with no public transportation services. Our Outreach Program has grown substantially over the years primarily because of the funding we receive through the **Reaching Home Initiative of the Federal Government**, which is administered by the **Brandon Neighbourhood Renewal Corporation**.

When families leave the shelter the Outreach Coordinator helps them get settled and will continue to connect with them for up to a year. Our Outreach Program connects with our other services such as parenting and life skills so that we can provide the best possible outcome for families.

This program also helps families connect with other resources in the community that they may need. Our Outreach Coordinator partners with agencies throughout the region to assist our clients to access a range of services as needed. During this past year, COVID prevented a lot of in-person visits but we were able to stay connected to other agencies through online platforms.

Restrictions and safety became a key element in our Outreach Programming. In order to offer individuals and families with programming options, counselling, and support we needed to adapt. Providing increased inclusivity, and improved accessibility we offered telephone and Zoom workshops, crafting and baking classes, fitness classes and an array of other opportunities to connect and gain support.

Outreach through the Holidays



In past years Nova House has been able to invite the individuals and families that we supported throughout the year to a big holiday dinner. This year, the restrictions did not allow us to host an event, so instead we put together hampers. The overwhelming community and business support that we received in November and December was incredible.

Twice Over is a non-profit thrift store that is owned and operated by Nova House.

Twice Over relies on donations from community members. Your donation to TWICE OVER makes a huge impact to Nova House. Families often arrive to our shelter with nothing. Starting over is not easy, but the families using the services at Nova House have the opportunity to shop at Twice Over free of charge. Replacing items that these families have lost while fleeing abuse helps to bring back some hope that starting over is manageable. Proceeds from the store also go to help support programming at Nova House.

We would like to THANK all the volunteers that help us at Twice Over. Without volunteers we could not operate, especially during this past year. We are extremely lucky to have some incredibly dedicated volunteers and this is a great opportunity for us to recognize each of them for the extra supports they give us and the hard work they do at the store. We are so grateful to you Val, Darlene, Christine, Cora, Tiffany, and Cristina for the countless hours you gave us. We could not have been open this year without you!



Dare to Dream is a BURSARY TO SUPPORT Nova House clients to further their education through an endowment fund, stewarded by the Selkirk & District Community Foundation.

Active clients involved in Nova House programming who are committed to a violence-free life, and who are pursuing their education may apply for the Dare to Dream bursary. A selection committee reviews all applicants to determine if they meet the criteria.

One bursary was awarded this year.

SPECIAL PROJECTS

Our New Backyard!

Funding can truly make anything possible. With the right vision and people to make it happen we were able to transform our backyard into a beautiful playground and tranquil meeting space. During all of the COVID lockdowns and restrictions this project became an essential need for the shelter. We want to give special thanks to our funders and supporters without whom this project would not have been possible: Royal Bank of Canada, Selkirk Business & Community Foundation, EZ Grass and the landscaping team at Mayor Landscaping.

Together, we turned this....



Into this!



COVID Safety and Wellbeing Kits

Funding and support from **Reaching Home: Canada's Homelessness Strategy**, gave Nova House the opportunity to purchase many needed items for families in the community that may have been struggling to purchase extra items needed to maintain some safety and wellbeing through COVID. These kits included items like touchless thermometers, hand sanitizer, face masks, cleaning products, hygiene products and some family games / activities along with related literature.

This project was quite well received and we successfully distributed over 300 kits to families in the community, in collaboration with other service providers. The project was extended so that in the fall of 2021 another 200 families will be able to receive kits.



Left Picture: Our Outreach worker, **Melanie Thomas** (far left) with a collaborating agency **Wings of Power** Donna Kovari, (l) Cindy Kellendonk, ED (r) Right Picture: Melanie (r) with another agency **Mrs. Lucci's** and two volunteers.

Responses from some of the families who received the kits...

"The box was great. Kids went straight for the box they loved the treats and the activities in it. I loved the fact that I didn't have to go out and buy more cleaning stuff as its so expensive ..."

"...helpful and useful actually came in handy so it was very good. It was Awesome!"

"Sanitizer was very useful as I find myself buying that quite a bit, and was actually running low. I liked the cleaning supplies especially during a pandemic, good to always have more than enough cleaning and sanitizing stuff. Kids stuff was awesome, really liked the books, as something useful for the kids to be learning how to read, especially when doing remote learning. I was just happy to have received it. So thank you."

"The stuff in the box was awesome can never go wrong with extra masks these days and the cleaning supplies always nice to have extra on hand as well the things added for the kids is a nice touch. It was a very thoughtful box. Thank you so much!!"

"It helped, loved everything in the box. Being on lock down it is really hard to get supplies and really expensive ... this was a huge help to our family and our finances it was very much appreciated!!!"

"Everything in the box was pretty useful especially the kids items, they were perfect THANKS."

"Its was really good... when I got through the box I thought even people can use that single box for small trips outside... coz it have all needed items for a day outing to keep us safe... and more actually... It's like a handy box useful for a vehicle too... when I saw the items in that I thought maybe I should just put it in our vehicle.. and everything in there was useful for our son too even though he has a milk allergy... Cookies and candy that was in it were milk free actually... thank u so much to the funders for this wonderful idea."

"Hand sanitizer, masks, cleaning products. AMAZING can never have too much of those... really appreciate it so much"

SPECIAL ISSUE: THE IMPACT OF COVID-19 ON VAW SHELTERS AND TRANSITION HOUSES

SHELTER VOICES



Shelter Voices 2020 is the seventh national survey¹ of shelters and transition houses (THs) that serve women and children affected by violence.² This special issue of *Shelter Voices* focuses on how violence against women (VAW) shelters/THs were affected by and have responded to the COVID-19 pandemic. It includes information on capacity, crisis calls and requests for admittance, changes in violence (both severity and frequency), how COVID-19 has impacted the work of shelters/THs, how they have adapted, and what adaptations they plan to keep post-pandemic.

Demand for Shelters/THs and VAW Support during COVID-19

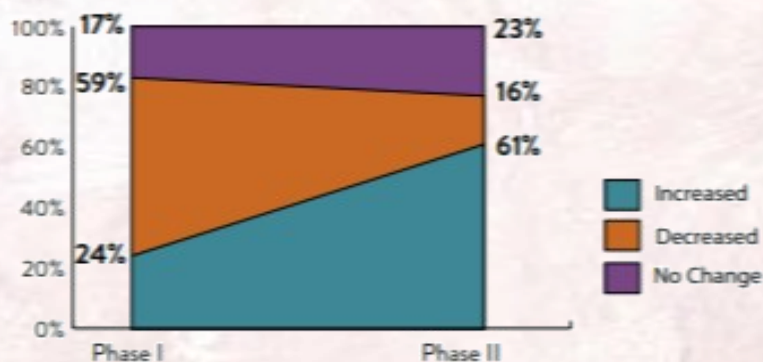
Survey data demonstrates that crisis calls and requests for support varied during different phases of the pandemic. Phase I refers to March-May 2020, when many parts of Canada were in lockdown. Phase II refers to June-October 2020, when lockdown measures eased.

Three in five (59%) survey respondents indicated that crisis calls decreased in Phase I, while nearly the same number (61%) reported that calls increased during Phase II (Figure 1). As one respondent noted:

"At first, it was very quiet, which was concerning because we knew there were women in the community who needed support. We did not get busier until September, and now we are very steady with both calls and stays in the shelter."

This same pattern emerged concerning requests for admittance (Figure 2). During Phase I, 65% of respondents indicated that requests decreased; when restrictions were lifted and businesses reopened between June and October, 54% of

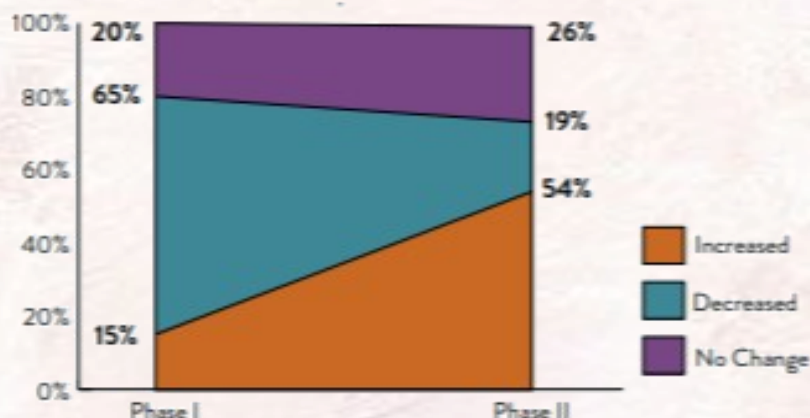
Figure 1: Frequency of Crisis Calls During Different Phases of the Pandemic



WOMEN'S
SHELTERS
CANADA | HÉBERGEMENT
FEMMES
CANADA

NOVEMBER 2020

Figure 2: Requests for Admittance to Shelters/THs During Different Phases of the Pandemic



respondents said that requests for admittance increased.

Of course, demand varies and comments showed that some shelters/THs saw an increase in calls and requests for admittance throughout the pandemic. For instance, one respondent shared:

"We have seen an increase in requests for space and remain full. We use a local hotel to support us beyond our capacity. We are in a rural area, so keeping folks safer is challenging in terms of scope of availability."

The data suggests that it was difficult for women to reach out for help or leave their homes during the pandemic lockdown periods. Comments indicated a variety of reasons for this, including fear of contracting the virus – "There is a greater reluctance for women to come into shelters as they are worried about COVID outbreaks in shelters." Survivors may have been unable to call or leave because their abuser was monitoring their phones and other devices as well as their movements. Fear over housing security and potential homelessness, particularly during a pandemic, was also a significant deterrent for women wanting to leave an abusive home.

VAW shelters/THs remained open during the pandemic and met public health regulations to keep their staff and clients safe. However, many expressed concern for those who were not reaching out for help:

"We have had to adapt to online phone chats, video conferencing, etc. Women have pulled away due to the fear that the pandemic has created. Women feel that their confidentiality is at risk through online services, and imposed self-isolation due to public health protocols has made clients hesitate to reach out. Services have needed to do a lot of publicity to educate the community that we still offer services regardless of the pandemic."

For the full report please visit <https://endvaw.ca/shelter-voices-2020/>



**WOMEN'S
SHELTERS
CANADA**

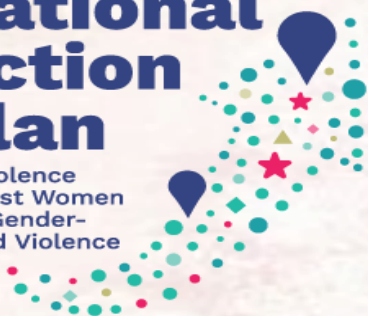
Shelters and
Transition Houses
United to End Violence
Against Women

<https://endvaw.ca/>

ROADMAP FOR THE

**National
Action
Plan**

on Violence
Against Women
and Gender-
Based Violence



**We're ready
to get the NAP
on the road!**

Are you?

<https://nationalactionplan.ca/>

In in together...the concept of being "in it together" certainly means different things to different people. Covid has no doubt affected us all, and no doubt in very different ways. The amazing staff, members and management alike at Nova House can attest to this like no other.

Every obstacle and challenge COVID has provided has been met head on by the most tenacious and caring workforce in Manitoba. Never missing a beat in an ever evolving and demanding workplace. Tasks once deemed as "extra duties" or other tasks not even considered in a regular work day have become normal everyday duties. It has become expected that 10 hours of work be completed in an 8 hour shift. This takes incredible teamwork and is highly respected.

Whether from lockdowns or just the added stress of the pandemic, shelters like Nova House have become more important than ever before. This concept sickens me to no end. Without you incredible people at Nova House, where would we be? Your community depends on you. You feed and nurture children, you council and educate and you keep the women who need you safe. You are "in it together" like no one else.

In solidarity,
Joel Zillman



Manitoba Status of Women Secretariat

Secrétariat à la condition féminine du Manitoba

On behalf of the Family Violence Prevention Program and the Manitoba Status of Women Secretariat, I am pleased to share a message of appreciation to be include in the Nova House Annual Report. The pandemic has presented us all with challenges, personally and professionally. I want to acknowledge the hard work and dedication of the staff of Nova House during these challenges, their dedication, commitment and flexibility has ensured the safety of women and their children, while continuing to offer a warm and welcoming environment with quality services.

I would also like to commend the leadership of Nova House; as team of Executive Director and Board Members, you have led the organization through a year of unprecedented challenges. Thank you for your service, and commitment to supporting those impacted by family violence.

We look forward to continuing our partnership and extend our best wishes to board, staff and volunteers for a successful AGM.

For more information Contact Manitoba Status of Women:

Phone:
(204) 945-6281
Toll-Free:
1-800-263-0234

Jamie Carnegie, Executive Director, Manitoba Status of Women



MANITOBA ASSOCIATION OF WOMEN'S SHELTERS

Provincial Coordinator's Report

MAWS has always aimed to provide support and leadership to member shelters and agencies, while also centering the needs of Manitoban survivors and victims of gender-based (GBV) and family violence (FV). This work was challenged by the pandemic. Yet, with the help of dedicated staff who were already aligned with operating remotely, we were able to coordinate resources and information throughout the GBV support sector during these unprecedented times.

The pandemic caused additional strain on an already encumbered family violence system across Manitoba, but leaders of the FV shelters and agencies did what they do best. They pulled together and managed crises one after another on a daily basis. I'd like to commend all of the leaders and staff across the sector who quickly adapted, learned and dealt not only with their personal life challenges, but also with the challenges of their clientele.

MAWS took on the task of producing a daily vacancy report at the beginning of the pandemic to help service providers quickly identify available bed space and which agencies were open to provide services. Since everyone was struggling at the beginning of the pandemic to adapt to a changing, restricted work environment, MAWS also facilitated virtual meetings with FV organizations across the province to identify promising practices on how to deal with the realities of the pandemic in 24/7 residential facilities. This provided an opportunity to meet and learn from leaders throughout the sector and build important working relationships. These meetings will continue later this fall in the form of a virtual Community of Practice (CoP). MAWS is participating in other CoPs and research projects, including both a regional and national CoP with the University of Manitoba (UM) Research and Education for Solutions to Violence and Abuse (RESOLVE) network. This initiative aims to improve coordination amongst family violence/family law practitioners, to share information on emerging issues and promising practices, as well as better support for those navigating these systems. MAWS is also a committee member for the UM RESOLVE research project "COVID-19 and the Experiences of Intimate Partner Violence Survivors and Service Providers". Nationally MAWS is also participating as an advisor in a research project for "Recognizing Critical Expertise in Gender-Based Violence Work" conducted by Western Education - Centre for Research and Education on Violence Against Women and Children. The goal of this project is to identify a national set of core capacities that will help GBV organizations as they continue to design and implement sustainable and relevant training to strengthen collaborative community responses to those affected by gender-based and family violence.

In addition to these projects, MAWS has worked with Rogers Communications on the Manitoba phase of their Digital Lifeline program, to connect more Manitoba survivors and victims with phones and digital lifelines that could enable them to seek support and refuge from violence. We are also collaborating with organizations that support newcomers, immigrants and refugee families on a campaign called "You Are Not Alone," that raises awareness of Manitoban GBV prevention and support programs through multilingual videos.

Throughout this year, MAWS has learned a lot from those working in the GBV system, as well as from those seeking support from the system. One of these insights is the need for advanced FV staff training to support individuals affected both by violence as well as mental illness and/or substance use dependence. Through the efforts of Manitoba Status of Women, we have received a grant from Manitoba Department of Families to develop an advanced, virtual course that will be available for free to FVPP funded agencies staff in the new year. Additionally, FVPP is assisting us with the possible development of a micro-credential course at Red River College to prepare individuals interested in working in the FV shelter system.

Through this project and other initiatives, MAWS will continue to collaborate with FV shelters and agencies in Manitoba, as well as community stakeholders. We are committed to supporting FV service providers in their work, and ultimately, survivors and victims of gender-based and family violence in their journey towards wellbeing and healing.

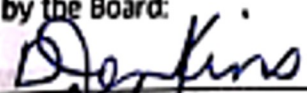
For more information on MAWS please visit maws.mb.ca

NOVA HOUSE INC.
STATEMENT OF FINANCIAL POSITION
AS AT MARCH 31, 2021

March 31,	2021	2020
ASSETS		
CURRENT ASSETS		
Cash	\$ 1,284,647	\$ 659,261
Accounts receivable, note 4	42,536	88,137
Due from related party, note 5	13,729	70,168
Prepaid expenses	11,272	93
	1,352,184	817,659
CAPITAL ASSETS, note 6	90,886	53,516
	\$ 1,443,070	\$ 871,175
LIABILITIES		
CURRENT LIABILITIES		
Accounts payable and accrued liabilities, note 7	\$ 32,119	\$ 49,676
Deferred contributions, note 8	140,334	106,860
Payable to Province of Manitoba, note 9	104,508	213,905
	276,961	370,441
FEDERAL GOVERNMENT LOAN, note 10	40,000	-
	316,961	370,441
NET ASSETS		
Internally restricted contingency fund	294,450	-
Invested in Capital Assets	90,887	53,516
Unrestricted	740,772	447,218
	1,126,109	500,734
	\$ 1,443,070	\$ 871,175

Approved by the Board:

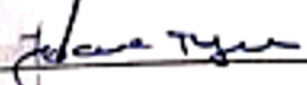
Director:



Date:

July 30, 2021

Director:



NOVA HOUSE INC.
STATEMENT OF OPERATIONS
FOR THE YEAR ENDED MARCH 31, 2021

	2021	2020
REVENUE		
Grants	\$ 705,283	\$ 569,067
Per diems	93,813	91,601
Rent Rise (EIA)	20,858	24,071
Fundraising	146	280
Donations	57,084	40,173
In-kind donations	6,014	9,241
Surplus carry forward	213,905	-
	1,097,103	734,433
OTHER INCOME		
Interest income	8,482	14,346
Other income	1,759	811
Forgivable portion of federal government loan	20,000	-
Government of Canada Covid-19 wage subsidies	301,725	-
	331,966	15,157
	1,429,069	749,590
EXPENDITURES		
Administrative	16,231	10,808
Board expenses	4,239	1,980
Building expenses	50,733	39,048
Client expenses	71,482	49,223
Dare to Dream scholarship	1,650	2,150
Event expenses	12,963	8,380
Office expenses	30,935	30,359
Professional fees	61,800	45,199
Staff expenses, notes 11 & 12	607,285	495,200
Volunteer expenses	-	1,470
	857,318	683,817
EXCESS OF REVENUE OVER EXPENDITURES	\$ 571,751	\$ 65,773

Thank You

COMMUNITY STAKEHOLDERS, FUNDERS, and DONORS provide us with operational and project funding throughout the year. This support and funding allows Nova House to accomplish so much.

*Manitoba Status of Women: Family Violence Prevention Program
Reaching Home Initiative of the Federal Government: Brandon Neighbourhood Renewal Corporation
Public Health Agency of Canada: Community Action Program for Children
Selkirk and District Community Foundation
Employment and Income Assistance
Manitoba Housing
Justice Canada*

Aaron's No Frills
Addictions Foundation of Manitoba
All Saints Church
Bed Bath and Beyond
Bruno's Taxi
Cambrian Credit Union
Chapter S PEO Sisterhood
Chapter S PEO Social Committee
Chatters Hair Salon
Corpus Christi CWL Church
De Coster-Currie Foundation
Harry's Foods - Lockport
Harvester Fish Net. Co.
Indigenous Court Worker Program
Interlake Eastern Health Foundation
Interlake Eastern Regional Health Authority (5 dollar Club)
Interlake Eastern Regional Nurses of the MB Nurses Union
Lac du Bonnet Health Authority
Lockport Community Church
Loreal Canada
Manitoba Nurses Union
Materials Management Staff
Meadow Lea United Church
Notre Dame Church Parish-Catholic Women's League
Noventis Credit Union—Jean Day Fund
Oak Bank United Church
One Insurance
Packers Women's Fashion

R. W. Bobby Bend School Student Collection
Red River Messenger
Richard Deeley, Q.C.
Rosser VCW
Royal Bank of Canada
Royal Canadian Legion - Ladies Auxillary
Selkirk & District Labour Council
Selkirk Chevrolet Buick GMC
Selkirk Court House Staff
Selkirk Home Hardware
Selkirk Lock & Key
Selkirk GM staff
Selkirk United Church
Shoebox Project
Shopper's Drug Mart - Selkirk
Springfield Regional Committee / Another Time Around
St. John's Lutheran Church - Lydiatt
St. Mary Parish Council of the Catholic Women's League
St. Paul Lutheran Church, Riverhills, MB
Steeltown Ford Staff
Sunova Credit Union
Take Action Project
The Frank H. Hori Charitable Foundation
Unifor - Social Justice Fund
Walmart Global Grants - Selkirk
Women's Hospital WN5 Ward Staff
Wu Family Fund
Warren United Church
World of Water

For the sake of privacy, we have not listed individual community member donations. So many individuals have made donations to Nova House financially or by dropping off essential items to our shelter. We are so grateful to you all!

Alone we are **Strong...**
together we are
stronger



Shelter and Support for Women and Children Experiencing Domestic Violence

Box 337
Selkirk, MB R1A 2B3
novahouse.ca

General inquiries:
204-482-7882
info@novahouse.ca

24-Hour No Charge Crisis Line
Province-Wide: 1-877-977-0007
Local: 204-482-1200
Text: 204-805-6682 (NOVA)